

# Determination of the Solid Fat Index (SFI) of Chocolate by DSC

# **INTRODUCTION**

The melting curve of a fat is generally complex: for a given fat, there is not a melting point, but more a melting range. In processing fat, it is also interesting to know, for a given temperature, what is the amount of fat melted.

The DSC technique is now widely used to determine solid-liquid ratios in fats, called the Solid Fat Index (SFI). This method is based on measuring the heat of fusion successively at different temperatures. By reference to the total melting heat, the fraction of fat melted is determined. This technique is faster than dilatometry, and gives results comparable with NMR. DSC gives the possibility of tempering the fat at different temperatures prior to index determining.



### Sample:

Chocolate, 70% cocoa

## **Experimental conditions:**

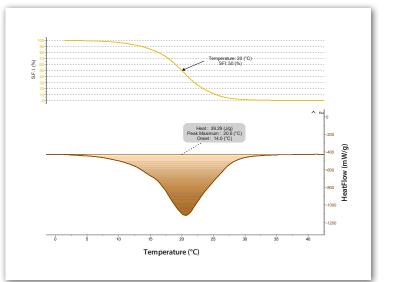
Atmosphere: Nitrogen, atmospheric pressure

• Sample mass: About 25 mg in a Aluminum 100µL crucible (S08/12768) closed with a standard lid (S08/HBB37409).

### **Experimental procedure:**

**INSTRUMENT** 

The temperature is programmed from -15°C up to 50°C at 5°C.min<sup>-1</sup>.



## **RESULTS AND CONCLUSION**

During the heating, an large endotherm corresponding to the melting of the chocolate is observed. The amount of chocolate that is already melted at a given temperature is equal to the ratio of the partial heat of melting at this temperature and the total heat of melting. By difference, the percentage of solid phase or Solid Fat Index (SFI), can be obtained. Calisto Data Processing enables the automatic calculation of the SFI curve versus temperature of the chocolate sample. For a given temperature, this curve enables the determination of the melted amount or of the amount of fat remaining solid.

At room temperature (20°C) the tested chocolate is 50% melted. Then, the chocolate is soft but solid enough to be easily eatable.



Switzerland – France – China – United States – India – Hong Kong - www.setaramsolutions.com - setaram@kep-technologies.com



Setaram is a registered trademark of KEP Technologies Group